

# Southern Vanity

June/July 2005

## Maintenance is Manly

by Donana Galloway

Recently *Southern Vanity* Magazine and Dr. Fiona Wright, aesthetic dermatologist and founder/director of Aesthetic Institute of Plano, recruited an ideal specimen of "the all-American male" to participate in a dermatological *man*xperiment.

Dr. Mike O'Kelley, chiropractor, husband, father of an active son, and avid golfer, originally came to Dr. Wright with concern of acute facial redness, particularly following a round of 18 holes, but generally anytime his active lifestyle found him outdoors.

Following a comprehensive in-office assessment, Dr. Wright and Dr. O'Kelley embarked upon a series of treatments that would not only alleviate his symptoms, but also serve to refresh and rejuvenate Dr. O'Kelley's otherwise vibrant and handsome face.

In a nutshell, Dr. Wright prescribed a comprehensive 16-week program for Dr. O'Kelley. Now before that eyebrow lifts in skepticism about this seemingly overwhelming commitment, understand that Dr. O'Kelley would be seeing Dr. Wright only a couple of times a month, for brief visits each time. Every minimally invasive procedure requires very little from Dr. O'Kelley, excepting the daily use of sunscreen (which every Texan should be diligently applying regardless of gender) and a few quick and simple home-care products. The series prescribed looks a little like this:

Week 0: Botox® Cosmetic  
Week 2: Levulan & Photo Facial  
Week 3: Microdermabrasion  
Week 6: Photo Facial  
Week 11: Levulan & Photo Facial  
Week 13: Restylane®  
Week 15: Photo Facial  
Week 16: Restylane® Touch-Up

Dr. O'Kelley commented, "Following the Levulan and Photo Facial, I noticed an improvement in my skin's general texture as well as the facial redness after playing a round on the golf course. With Botox®, the



effects were very quick. I look more relaxed, less tired and frankly, 'younger' without any hint of the appearance of being frozen."

No doubt, the phrase "relaxing, medical environment" reeks of oxymoron; yet at Aesthetic Institute of Plano, each patient immediately enjoys a sense of welcome and warmth while feeling confident and reassured that Dr. Wright and her staff of seasoned professional clinicians are competent and serious about their business. Neither cushy, girly spa, nor cold, stark clinic, Dr. Wright and the Aesthetic Institute of Plano strike the perfect balance between relaxing comfort and clinically pristine.

When asked if he's shared his recent experiences and/or been on the receiving end of any "flack" from his golfing buddies, Dr. O'Kelley replied, "Not one has criticized me for taking care of my skin ... and they have all noticed the improvements!"

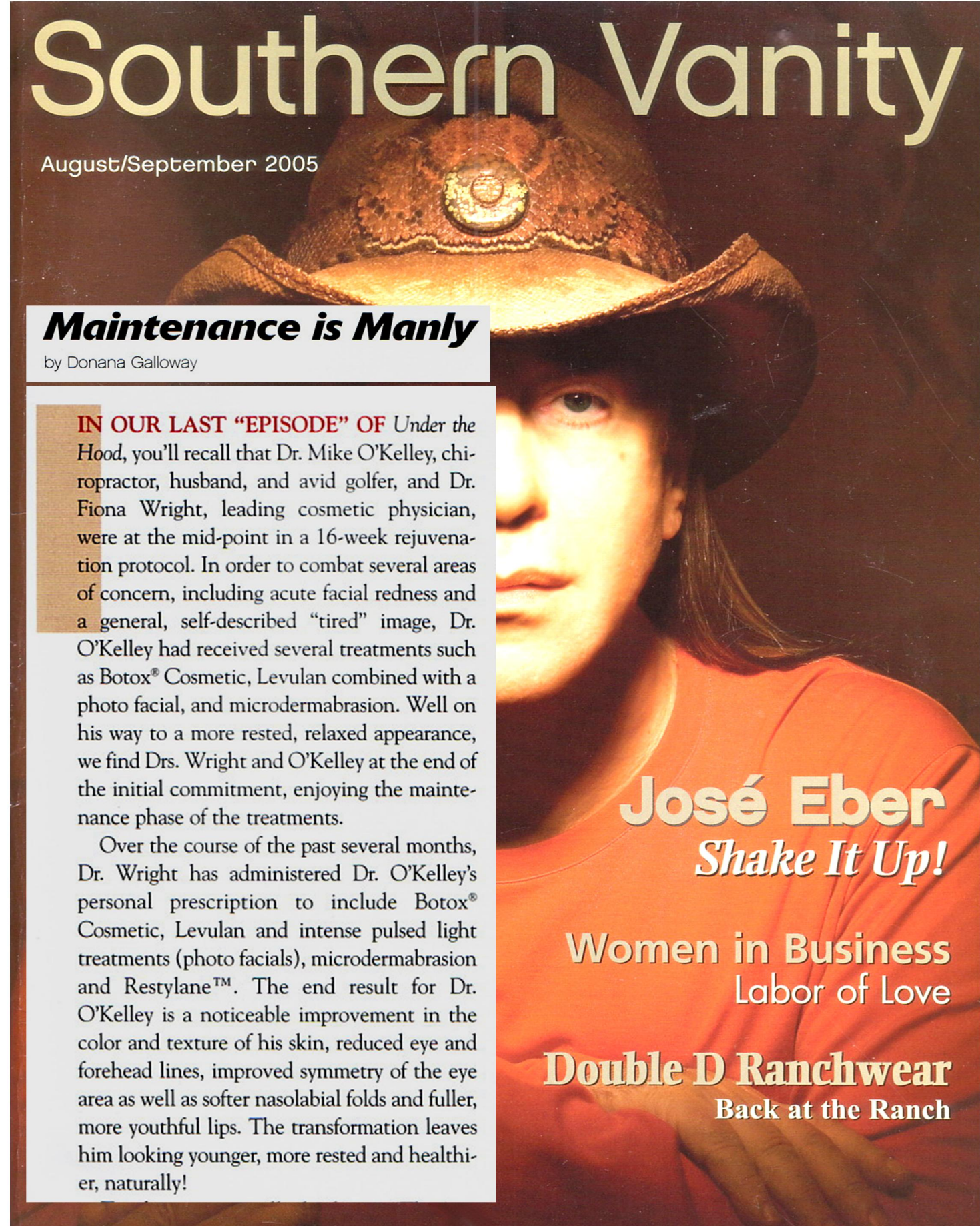
**Finola Hughes**  
*Soapsuds and Stylish*

**Women in Medicine**  
Prescriptions for Life

**ESCADA**  
Fiber Optics



# Southern Vanity



August/September 2005

## ***Maintenance is Manly***

by Donana Galloway

**IN OUR LAST "EPISODE" OF** *Under the Hood*, you'll recall that Dr. Mike O'Kelley, chiropractor, husband, and avid golfer, and Dr. Fiona Wright, leading cosmetic physician, were at the mid-point in a 16-week rejuvenation protocol. In order to combat several areas of concern, including acute facial redness and a general, self-described "tired" image, Dr. O'Kelley had received several treatments such as Botox® Cosmetic, Levulan combined with a photo facial, and microdermabrasion. Well on his way to a more rested, relaxed appearance, we find Drs. Wright and O'Kelley at the end of the initial commitment, enjoying the maintenance phase of the treatments.

Over the course of the past several months, Dr. Wright has administered Dr. O'Kelley's personal prescription to include Botox® Cosmetic, Levulan and intense pulsed light treatments (photo facials), microdermabrasion and Restylane™. The end result for Dr. O'Kelley is a noticeable improvement in the color and texture of his skin, reduced eye and forehead lines, improved symmetry of the eye area as well as softer nasolabial folds and fuller, more youthful lips. The transformation leaves him looking younger, more rested and healthier, naturally!

**José Eber**  
*Shake It Up!*

**Women in Business**  
Labor of Love

**Double D Ranchwear**  
Back at the Ranch