

Find the wRight answer...

Join the forum today by emailing Dr. Wright at drwright@onmagazine.net and express your personal fitness or beauty question.

She may answer your question herself or she may ask a colleague for their expert opinion.

Then, read ON Magazine's next issue to discover the wRight answer to your fitness or beauty question.

For more than 12 years, Dr. Fiona Wright has been serving her patients' cosmetic dermatology needs and also referring patients to our area's most sought-after physicians and fitness experts for fitness or beauty advice. Now, within ON Magazine, she shares this information with all of us.



Dr. Fiona Wright is the founder of the Aesthetic Institute of Plano. She has lived and practiced in Collin County for 12 years and has earned a reputation as one of the premier physicians in the area of cosmetic dermatology in the Dallas- Fort Worth area.

Dr. Wright has been featured in several NBC News Health Reports and is well known for her honest opinions and expertise.

Q In the past, I had a consultation for my acne scarring and was told that only surgical procedures could help. I now have been seeing ads for other types of non-surgical procedures. Do they work as well?

K. Elder, Dallas

A Long considered the gold standard, skin resurfacing with surgical CO2 lasers may provide the most dramatic results for acne scarring. Similar to an Erbium laser peel, they work by vaporizing the outer

skin layers, creating skin contraction and rebuilding collagen – and ultimately reducing acne scars and wrinkles. While impressive, many people cannot endure the painful recovery, prolonged healing time, or daily wound care regimen.

The latest treatment for acne scarring still makes use of the old laser, but in a new way. The Micro Laser Peel uses Modified Erbium Technology. The same Erbium laser will now perform an extremely precise, lower energy peel. Instead of one surgical treatment, you will have a series

of four to five gentler peels without the downtime. This rejuvenation treatment can provide a noticeable improvement in your acne scars and wrinkles. It also is used to improve skin tone and texture, brown spots and pigmentation. Healing takes two to five days. The procedure can be performed on a Thursday or Friday, so you can return to work the following Monday. To learn more, you can search the Internet under Micro Laser Peel.

Dr. Fiona Wright, Aesthetic Institute of Plano