

#### Skin M.D. & Beyond

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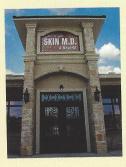
**Radiance Lightening Gel Refine Pore Minimizing Pads Revival Eyes** 

> (As featured in Vogue magazine)



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# Dr. Fiona Wright's AGELESS BEAUTY

### welcome

I was recently asked what I liked best about my job by one of my clients. The answer took no time at all, as I have always had a great sense of reward and accomplishment when I see my patients walking out of my office more confident and self-assured. I love helping people feel good about themselves. Over the past 15 years in practice, my patients' wish list hasn't changed that much. But technology has, and for the better!

As a National Instructor and Expert Panel Adviser for several of the leading aesthetic companies, I am passionate about introducing the latest cutting-edge treatments to my practice. In the last year, patients have been thrilled with the results of our new body and facial contouring procedures. As well, the Beyond Spa has had an overwhelming and enthusiastic response to our new Spa Packages and Brow & Beauty Bar.

Everyone is interested in non-invasive ways to maintain a healthy, youthful appearance and self-image. And, I am grateful that my patients put their trust in me and my aesthetic skills and expertise. Please enjoy, as you read about our latest procedures and skin care treatments. My staff and I look forward to meeting with you and are committed to giving you results that will transform you to look and feel like yourself but prettier, younger, and more confident.

It's time to take care of you!

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Discover what's new at Skin M.D. and Beyond including: laser hair removal options, advanced treatments to reduce the appearance of scars, Skin M.D. and Beyond's Internet presence, and group event possibilities at the Tuscany Retreat.



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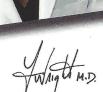
Dr. Wright's new Advanced **Body Contouring treatments** are an easy way to get swimsuit ready! Four new treatments offer a comprehensive and non-surgical approach to getting rid of cellulite and unwanted fat. See how Dr. Wright can give your body its best shape yet.

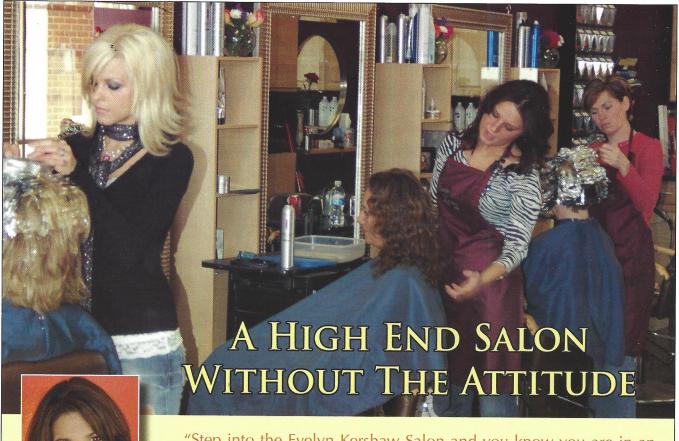


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Say "I do" to Dr. Wright's bridal beauty timeline. When it comes to your wedding day, every detail, including you, should be close to perfect. This article offers a treatment plan beginning six months out from the wedding day and provides solutions for unwanted hair, cellulite and skin care issues.







"Step into the Evelyn Kershaw Salon and you know you are in an establishment that is dedicated to hair," owner, Evelyn Kershaw says. "We used to do it all, but I decided instead of doing several things well I would rather do one thing the best. With 17 stations, there's a high energy level in the front of the salon, while the atmosphere is more relaxed in the back. Everyone seems to be having a great time. It's been said we're a high end salon without the attitude."

The beauty business is in my blood," Evelyn says. She discovered her love for styling after working for her mother, a stylist of more than 30 years. Evelyn graduated at 17 with her cosmetology license, and now has her own successful salon where she mentors young stylists as well as making it possible for Masters of the Trade to be independent in their own careers.

Evelyn, who is one of the best Master stylists and educators in North Texas, is the first to admit, she's tough. "I love to mentor," she says. "For a student to survive my training, she has to have a lot of patience and drive. We take a lot of pride in what we do and we are committed to giving our clients the best. I want every man and woman to walk out of the salon with a professional style no matter what level stylist they are with."

Evelyn Kershaw believes that what makes a good salon is not just about personality and atmosphere, but experience and training. There are levels of service based on experience at Evelyn's salon. The Bronze level stylist has at least a year's worth of training under Evelyn, or three years of experience before coming to the salon. The Silver Level stylist has at least three years training under Evelyn, or five to ten years outside experience. The Gold Level stylist has trained with Evelyn for at least five years or has outside experience of ten to fifteen years. The Platinum Level will give you a stylist who has twenty or more years of experience. Evelyn Kershaw challenges you to interview your stylist. "You wouldn't just hire anyone to run your company, don't just hire anyone to do your hair."

"Our focus is only on hair and we are experts when it comes to color," Evelyn

says. "Our latest technique is applying different types of color in sections of the hair which creates a multi-textured look and feel."

When clients walk out the door they are happy. "One client says, "I'd drive a lot further to get the look and color I get when I have my hair done at the Evelyn Kershaw Salon. "Today's guests are much more educated then they used to be," Evelyn says. "They want us to teach them what styles and colors look best on them and how they can reproduce the style at home. We help them by recommending and using the best háir care products."

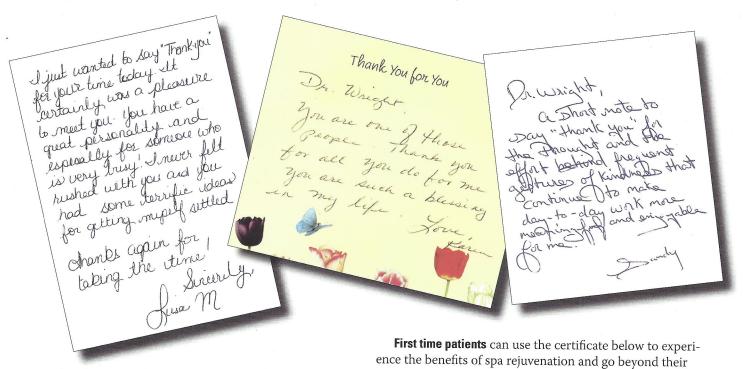
With the different levels of stylists here at The Evelyn Kershaw Salon you will notice every one has a passion for the industry. Call today and interview your master stylist. 972-612-4159 or log onto www.evelynkershaw.com

# experience

**Skin M.D. & Beyond** is set apart by Dr. Fiona Wright's unique approach to cosmetic enhancement and skin care—developing individualized, specialized treatment regimens for each patient in a way that puts even the most anxious at ease. With the patient's comfort as her number one concern, Dr. Wright provides the answers needed to make safe, comfortable and informed decisions.

Her customized treatments combine the best of dermatological medicine with the latest laser technology advances to maximize results and minimize recovery time. The result is the best and newest laser skin care, injectable techniques and body contouring to ensure excellent results.

Here is a sampling of what her patients have had to say about their experiences:



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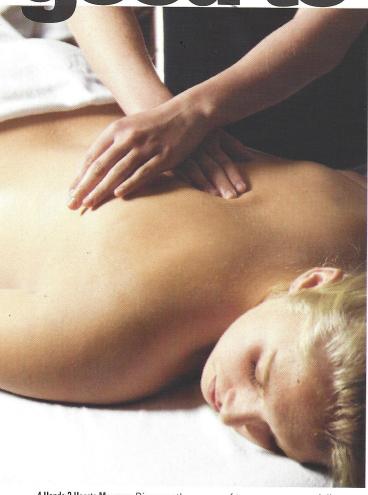
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# good to know



**4 Hands 2 Hearts Massage:** Discover the power of two massage specialists working in unison to de-stress your joints and tight muscles.

### The Healing Art of Touch

In the *Beyond Spa* at Skin M.D. and Beyond, we believe that the body has the ability to heal through the power of touch. And now we are pleased to announce that our team of professionals created a unique therapy known as our "4 Hands 2 Hearts" massage—a unique blend of Eastern/ Western style strokes by two professional therapists.

Let our certified massage therapists create a personalized massage for you, which is designed to meet your specialized needs for relaxation and de-stressing joints and tight muscles. This "Touch of Two" work in unison, sweeping across the entire body from head to tips of fingers and down to toes and back up again. Two of our certified massage specialists work together as one, as well as massaging independently on opposite sides of the body. These movements will stimulate the thalamus and allows the brain to give up following the movements of each therapist. This unforgettable journey through an indulgently powerful massage will allow your body and mind to let go and slip into a deep relaxation stage. You will emerge with a calm, clear mind and a revived body. Relax...you are Here.

#### **Clear Skin with Scar Reduction**

Scars are often a painful way to remind one of the past, and acne scars often plague adults throughout their life. There have been very few effective treatments to help, but now there is a safe way to get up to an 80-percent reduction in scars. Dr. Fiona Wright is pleased to offer an advanced face, chest, neck and body non-ablative skin resurfacing treatment for patients suffering from lax acne scars, post-surgical scars and more, with the Palomar 1540 Fractional Laser. "We can reduce the pitted 'ice-pick' scars and surgical scars because we're allowing the creation of new tissue, collagen and elastin to form," stated Dr. Wright. Unlike other methods of skin resurfacing, Skin M.D. and Beyond's laser method is much more comfortable because it leaves a significant portion of the skin unaffected by the pulses of light. The Palomar Lux Fractional laser delivers light in an array of microbeams to the skin. These microbeams penetrate well below the superficial skin layers, sparing the tissue surrounding the beams from damage. The laser treats only a portion of the targeted skin at a time. Because each Palomar Lux treatment only affects 20 percent to 25 percent of the skin, multiple sessions are required for the complete cosmetic benefit. On average most individuals need four to six laser treatments. For those with severe scars, more laser treatments may be required.

The tissue targeted with these beams undergoes a natural healing process, stimulating the formation of new, healthy tissue. "This allows for faster healing with visible results in skin color, texture, tone and wrinkles—with little to no downtime," added Dr. Wright. Many patients are thrilled to look in the mirror and focus on themselves—rather than their acne scars. It's just that easy!

Saying Goodbye to Scars: Skin M.D. and Beyond treats patients for acne scars, post-surgical scars and more with a skin resurfacing laser treatment. Patients can see up to an 80-percent reduction in scars. Top: forehead, before (left) and after (right); Bottom: child, before (left) and after (right)











Tuscany Retreat: Host your next event in the Tuscany Retreat! From corporate events to girls' luncheons, the Tuscany Retreat offers easy event planning with a 24-hour concierge service, catering, electronic technology for presentations, designer bakery stylist and wine bar. Christmas Appreciation party from left: Mike Cantu, Carmel Ray, Dr. Timothy Wright, wine steward

### **Embracing the Extraordinary**

In Dallas, when it comes to getting away, you don't always have to leave town. Dr. Fiona Wright at Skin M.D. and Beyond, has expanded her services to include a Tuscany Retreat option—a unique spa getaway. Designed to offer guests a destination getaway without leaving the city, the Tuscany Retreat offers event hosting capabilities with an array of spa service options in a casually elegant setting.

Dr. Wright paid specific attention to every detail of building the retreat in order to ensure a classic Old World atmosphere with modern spa services. Although housed in the same building, retreat visitors use a separate entrance from the skin care clinic. They are immediately embraced by the retreat's soothing atmosphere. Warm wood floors, cedar beam ceilings, lounging chairs and couches invite guests to take a deep breath and relax. As a result, visitors refer to the spa as unique, saying there's nothing else like it in the Dallas metropolis. Retreat participants enjoy the novelty of this "staycation" and the casual elegance that Dr. Wright has created. "People are wowed that they don't even feel like they're in the city," she said.

Dr. Wright believes the Tuscany Retreat is a great option for corporate events and spa parties. She's provided a 24-hour concierge service to ease the stress of planning. This wonderful service allows clients a professional event planning process both for the "event" presentation and the "after" of the spa ambiance and services. The Tuscany Retreat is able to host anything from a corporate event such as a seminar or a celebration, to a casual girls' luncheon. With the electronic technology available to host presentations, catering available for hot meals, a designer bakery stylist available upon request for high-end gourmet cakes, and a wine bar, Skin M.D.'s Tuscany Retreat is a full-service mini-convention center with spa amenities. Spa services include an array of facial and massage options from the Euro Signature Facial to foot reflexology.

"You owe it to yourself to take a break from the ordinary and step into the extraordinary," Dr. Wright said.

For more information, visit www.SkinMDandBeyond.com.

### Join our Internet Family

Over the last year Skin M.D. and Beyond has been very active in expanding their Internet family. Skin M.D. and Beyond encourages readers to join the email list to learn about the clinic's VIP activities, shopping experiences, retail highlights and community activities. All of the clinic's special events are announced through Internet emails, so contact Skin M.D. and Beyond today and join in on the fun and savings!

In December many of Skin M.D. and Beyond's patients enjoyed a two-night Christmas Holiday extravaganza which included catered appetizers, a wine bar and a chocolate fountain in the Tuscany Retreat. Steep discounts were also offered in all of Skin M.D. and Beyond's services and retail products. As well, in February the clinic and spa had Valentine Shopping Days.

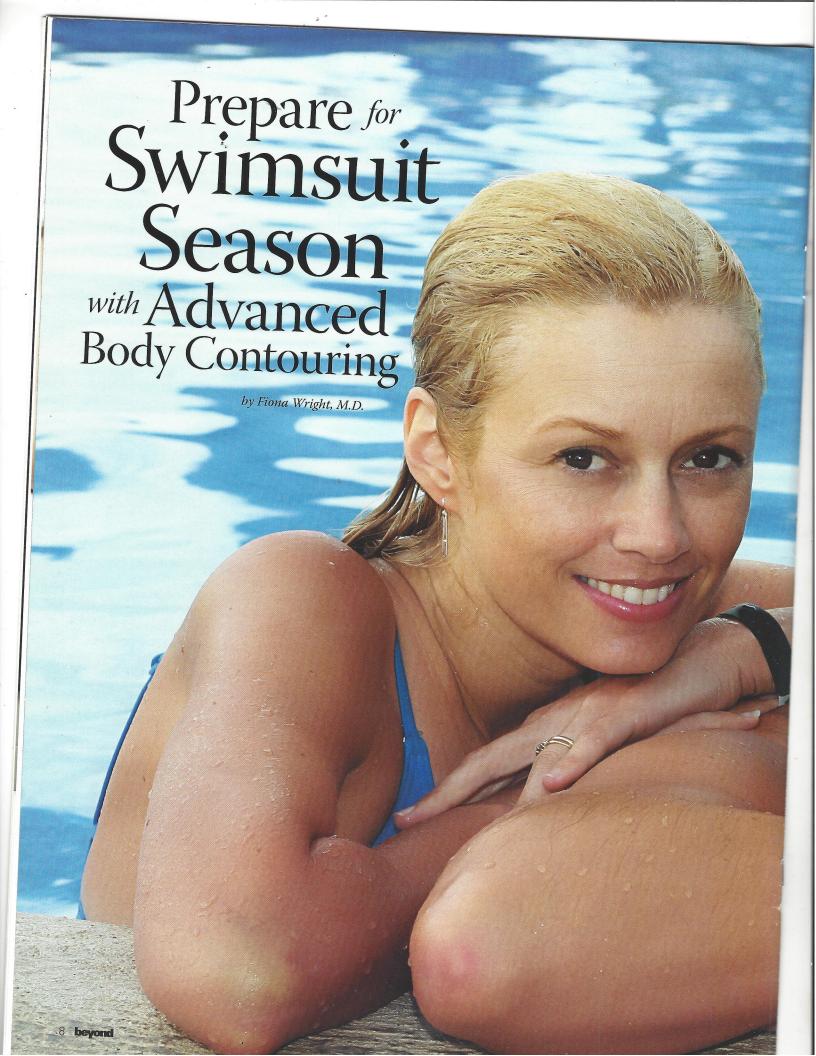
Recently, patients enjoyed "Wrinkle Wednesdays" where they learned about new facial filler Evolence and also the special Wednesday dates where more BOTOX savings could be found.

The website, www.SkinMDandBeyond.com also posted the clinic's support of community events. Included was a September Wine Tasting Event and Skin M.D's participation in the Neiman Marcus Trendsetter's Luncheon in support of Star Children's Charity. Drs. Fiona and Tim Wright are founding members of the Collin County Star Children's Charity and again have recently been involved in this April's Star "Dust" Boutique Sale. In the fall, Dr. Wright hosted her 3rd Annual Girl's Night Out Event at the GlenEagles Country Club. The event was enjoyed by more than 150 women who helped support Collin County's City House by donating reading books for the children's long term shelter.

Join now and stay tuned as Skin M.D. and Beyond continues to provide new information on its blog, www.SkinMDandBeyond.blogspot.com and the clinic welcomes you to become its friend on Facebook. Stay tuned as Skin M.D. and Beyond creates a new look for its skin care line, recently profiled in *Vogue* and *Allure* magazines. Log on to our Shopping Cart, www.ShopDrWright.com and stay posted for the unveiling of the long awaited cosmetic line, Previa Cosmetics. Be the first to know of all the exciting news at Skin M.D. and Beyond!



**Skin M.D. Goes Online:** Stay connected with Skin M.D. and Beyond through e-mail, www.SkinMDandBeyond.com, Facebook and more.





If you are one of the lucky 20 percent who does not have cellulite, then you are probably struggling with the second most common problem of trying to transform your thunder thighs to thin thighs or to get that pesky belly bulge to budge. Through the years Dr. Wright has treated many professional athletes who also suffer with these same issues—so even a healthy diet and fitness regime may not always be the answer. Liposuction surgery is also not an option for many as it will worsen the appearance of cellulite, create sagging skin

if your elasticity is poor and with new weight gain, will create pockets of fat that you never had before! There has never been a real treatment for both these common problems—until now!

Trimming Cellulite and Fat with a Weapon of Mass Reduction — In addition to a national reputation for excellence in Facial Contouring, Skin M.D. and Beyond has the honor of having the elite certification for the treatment of Advanced Body Contouring with VelaSMOOTH, VelaSHAPE, VelaCONTOUR and Lipotherapy. By combining these treatments with other advanced modalities, Dr. Wright has created the only clinic in North Texas with a comprehensive and successful non-surgical approach for the treatment of cellulite and unwanted inches.

Lipotherapy is the latest Fat-Buster known as "Hope in a Needle." It is a successful non-surgical way to deliver liposuction-like body contour enhancements. Lipotherapy involves painless injections which are absorbed under the skin, into the deep pockets of fat to melt it away the same way you do when you diet and exercise. "I know it works," stated Tracey V, a cosmetic patient of Dr. Wright. "I saw my body before and I see

#### **Contouring Body Wraps**

A simple and relaxing way to enhance your body shaping treatments, remove fluid and stimulate the body to rid itself of trapped toxins, excessive fat and excess trapped lymph fluid are therapeutic Contouring Body Wraps. The Shio Doro Contouring Gel Wrap is ideal to flush the skin. The natural ingredients used will create a chain reaction of softening and removing fat and toxins from your body—it can also be used to keep your skin tight when losing weight on any reduction diet. This relaxing treatment is also a great addition to add to more advanced cellulite programs using VelaSmooth and VelaShape. We recommend that treatments be done 1–2 times a week for 4–6 weeks. For best results avoid alcohol, salty and sugary foods as these will keep the water you drink from flushing through the cells to cleanse your body of the unwanted toxins and fats.





Before Body Contouring: (left) Eighty percent of women have cellulite, described as that orange peel skin made of lumpy deposits of fat that plague thighs, abdomens and buttocks. After Body Contouring: (right) Skin M.D. and Beyond offers comprehensive, non-surgical Advanced Body Contouring with VelaSMOOTH, VelaSHAPE, VelaCONTOUR and Lipotherapy. These treatments help melt fat, tighten skin and reduce cellulite.

my body now. It works!" After reaching 40, Tracey suddenly began having a tummy bulge, back fat and saddlebags. She did not want the risk of surgery as she is an active mother of five children and owns her own business. "Lipotherapy offered me a great alternative to surgery without the risks or downtime."

Lipotherapy delivers natural nutritional supplements into the "problem zone" to stimulate fat cells to release the fat. Wright says that the correct blend of ingredients in the injection is what makes the procedure work—and her patients agree!

BodySculpting with VelaSMOOTH adds an extra dimension to body contouring — "Once the inches are gone, the skin can still be loose," Dr. Wright remarked. "VelaSMOOTH can tighten and lift the skin in large areas, such as the stomach, buttocks and thighs, which offers patients smoother, tighter and younger looking skin." VelaSMOOTH is an effective non-surgical, non-invasive treatment that smooths out cellulite while tightening your skin and contouring your body. It works on all skin types and requires no downtime, no diet and no change to your normal activities. VelaSMOOTH offers the best reduction in cellulite. As well, patients will notice a moderate improvement in skin tightening and mild—moderate improvement in size.

An advanced VelaSMOOTH body contouring treatment is performed exclusively at Skin M.D. and Beyond. When interviewed by *Channel 5 News Health Report*, Dr. Wright explained that during her personal consultation with a client, she will create a unique treatment protocol to achieve the best results. In order to know what is right, it is important to review your medical history and expectations with a doctor who specializes in a variety of these non-surgical options. When you can create your own unique treatment plan—you can achieve the best results!

The "VelaSHAPE" is the latest version of the original anticellulite device called "VelaSMOOTH" — The VelaSHAPE differs from the VelaSMOOTH, in that it provides a significant increase in the amount of energy used with a higher level of comfort. It is the first and only FDA approved non-invasive device with breakthrough results against cellulite and body contouring. As it treats both the upper layers of the skin and the deeper tissues of fat, the result is a measurable reduction in fat layers, circumference and the appearance of cellulite. VelaSHAPE is different from all other cellulite reduction remedies as it not only reduces cellulite but also contours the body by treating the areas where one can accumulate pockets of fat that are resistant to exercise such as thighs, love handles and flanks.

A CBS media segment in New York City describes the new VelaSHAPE as a breakthrough in weight loss technology—a key body shaping treatment to help slip into those skinny jeans! The segment features VelaSHAPE treatments for patients who are looking to reduce cellulite and firm up their problem areas. Marlene McGregory is a marathon runner, but still struggled with pockets of cellulite in her thigh area. After four treatments, Marlene had lost 9.5 pounds and saw an improvement in her cellulite.

With the VelaSHAPE, the higher intensity of heat allows for greater localized increase in metabolism resulting in a reduction of fat and cellulite in less treatment sessions. The precise heating ensures a safe, effective, fast treatment with no downtime. Vacuum and specially designed rollers for the Mechanical Massage, as used in VelaSMOOTH, smooth out the skin to facilitate safe and efficient heat energy delivery. The net result increases the metabolism of stored energy, increases lymphatic drainage and reduces or shrinks the size of the actual fat cells and fat chambers.

Many people have small areas of fat in the chin, arms and knees — Dr. Wright states that an additional technique, VelaCONTOUR, is perfectly suited to the patient who has small areas of unsightly fat that they wish to remove. "Some patients who have had uneven results with liposuction or who have regained their weight in odd places have experienced great results." VelaCONTOUR is specifically designed to tighten and lift and retexture neck skin and contour small trouble spots of fatty tissue. In a study conducted in our center looking at the VelaCONTOUR, patients saw visibly noticeable reduction in the circumference of the treated areas as well as improvement in skin tone, texture and tightness. What was most impressive and exciting for patients was that they started seeing results in four or fewer treatments. The majority of patients saw results after just the first two treatments.

Many patients can benefit from creating a personal program for their Body Contouring and Cellulite Reduction needs by combining several different treatment options into their protocol. It is important to remember that different body types will need different treatment options, and with many options available, it is important to consult a center that offers a full and comprehensive menu. Advanced Body Contouring and Cellulite Reduction is not a simple process and Skin M.D. and Beyond is equipped to provide you with not just one—but several methods to help you with your individual concerns. To take advantage of these newest technologies, take the next step and experience a smoother, more contoured you.

So don't delay any longer—this summer, show off your smooth summer legs and a younger looking you!



Laser Hair Removal: Removing hair becomes a less painful, faster and more reliable process with the new LightSheer Laser Diode, available at Skin M.D. and Beyond.

### **Get Smooth Lightning Fast**

In the past, the usual remedies for unwanted hair were plucking, shaving, waxing or chemicals. Some are painful, some are messy and all are only a temporary solution. As laser treatments have now become the "Gold Standard" method for hair removal, many men and women have turned to the expertise of Dr. Fiona Wright to enjoy the safe, effective and affordable results of the LightSheer Laser Hair Removal System.

This laser produces a beam of highly concentrated light, which targets the pigment in a hair follicle disabling it from growing. Importantly, the LightSheer's special contact cooling hand piece is perfect for sensitive skin and provides superior protection by cooling the surrounding treatment area.

Dr. Wright's vast experience ensures the most successful treatment as she continually evaluates her patients who are of varying ethnic skin types. With the LightSheer system, Skin M.D. and Beyond can safely and effectively treat all skin types and all parts of the body.

The new **LightSheer Laser Diode** is a state-of-theart system, specially designed to remove unwanted hair faster, less painfully and more reliably than other devices. Imagine having smooth hair-free skin without the worry or work!

# All Eyes on the Bride

A bride should always feel like the loveliest woman in the world on her wedding day. Every pair of eyes she has ever known will be on her as she moves from her father's arm to the groom's hand. On your wedding day, you'll be having your picture taken close-up, and many people will be getting close to your skin as they hug and kiss you. The dress, the flowers, the music—all of these can be perfect, but if you feel wrinkly, saggy or broken out, you just won't feel right.



A re you five or six months away from your wedding? While you're addressing invitations and picking out bridesmaids' dresses, take some time to work on your beauty regimen. Making an investment now will pay off big on your wedding day.

**Six-plus months before "I Do"**Increasingly, bridal shows are not only showcasing the latest invitations, cakes and favors but also spa packages and

showcasing the latest invitations, cakes and favors but also spa packages and laser aesthetic treatment options. After choosing your wedding dress, hairstyle and shoes, you may often have another concern to address—the appearance of your skin, which could range from cellulite woes to sagging skin or unwanted hair. At six months out, this is the time to address these body-appearance issues. For optimal results, several treatments will be required so pre-planning is needed.

Laser facials and non-ablative skin rejuvenation techniques can help reduce the effects of sun damage (often with long lasting or permanent effects), reduce the appearance of fine lines and give skin a smoother, velvety texture. On your wedding day, your emotions are running high and all the excitement could have you overheating. Being in the sun, drinking alcohol—all these elements can make your skin red and a ruddy complexion worse. Brides want to look and feel their best on their special day, and they are more frequently turning to Photofacial treatments as a non-invasive service for themselves to address the reds, browns and pigmentation and to have their skin glowing and all the imperfections gone.

In addition to skin appearance, many brides and those in the bridal party worry about unwanted hair. Shaving can become a chore, and no one wants red bumps on their legs or under their arms on their wedding day. The best way to have smooth sexy skin permanently is to start laser hair removal. With each procedure, a portion of the hairs (those actively growing) are destroyed, so several treatments are required. While

Bridal Beauty Prep: Facial treatment options, such as laser facials and microdermabrasion, ensure a bride glows on her big day. Patient of Dr. Wright's, Tiffany Garret.

each patient's protocol is determined on a case-by-case basis, Dr. Wright recommends a minimum of four to six treatments, spread about two months apart per treatment.

Four to Six Months before "I Do" If you are a little shorter on time, it is still a great idea to consult your skin care specialist. Tell them your wedding date and your skin care goals. They may recommend treatments such as glycolic peels or regular facials that will help you have picture-perfect skin. "Microdermabrasion is an excellent way to resurface your skin," says Dr. Wright. Many women try to get by with only two or three treatments and wonder why they don't see the benefits. "It is after 6 to 10 treatments over a 4 to 6 month schedule when strangers will walk up to you and notice that you have great skin."

On your wedding day, you will be photographed every step of the way. And while you know you will look stunning in person, the camera may not be so kind. Sometimes facial shadows and loss of elasticity and volume can be more pronounced in pictures. To help create a perfect photo album, Botox and Facial Fillers have become the dynamic duo to sculpt your face, contour eyes, plump lips and remove wrinkles. Wright advises a trial run with your physician several months before the wedding day, so you can design the perfect look, which will look natural, youthful and relaxed.

Two to Three Months before "I Do" Most brides are also looking to firm

up problematic areas and reduce the appearance of cellulite so they can put their best foot forward on their wedding day, through the honeymoon and beyond. Non-invasive treatments like VelaSHAPE can literally take inches off the waist, buttocks, thighs and upper arms and results appear in as little as four treatments, with no surgery or downtime. The treatment combines heat, massage and suction to literally shrink the size of your fat cells, providing a decreased circumference of the treatment area. Typically, with 5 to 10 treatments spaced one week apart, patients see thinner thighs and better skin texture. VelaSHAPE is also very effective on the cellulite lumps and bumps we see on our backside, thighs and belly!

With a few months to go, not only is the bride looking at herself but as the median age of a bride continues to increase, she's looking at an older bridal party that may want a quick and easy enhancement as well. As bridal party sessions become more popular, it's wise for the bride-to-be to plan ahead and book sessions early. Remember, treatments may be weekly and can be spread out over a month or two, so you'll want them booked well in advance of the wedding date. Specialized facials can include: deep pore cleansing facial, alpha hydroxy treatment and oxygen facials. During an oxygen facial, a pure oxygen mist is sprayed or pumped into the basal layer of the skin. It is scientifically proven to fight the bacteria associated with acne and eliminates redness and irritation.

Two weeks before "I Do" Go to a day spa and alleviate the stress associated with wedding planning. Dr. Wright states that at the Beyond Spa their Bridal Spa Package offers facials, body treatments, massages, body contouring and hand and foot reflexology. Reflexology is the application of pressure, stretch and movement to the hands and feet. By applying these techniques, it is thought to interrupt the patterns of stress and reset the body's equilibrium.

Take time for yourself. All-day spa packages for the bride and her attendants offer the ultimate pampering. It's the perfect prescription for soothing wedding plan overload, particularly when shared with your dearest girlfriends.

A Final Friendly Thought The week before your wedding is not the time to try anything too inventive or out of the ordinary, such as a drastic change in hair color. Likewise, sample new beauty products and treatments well in advance of your wedding day, to allow for any unexpected results or allergic reactions. The changes you make should be gradual with enough time to "change it back" before the wedding, if need be.

When consulting a cosmetic physician, make sure the doctor takes time to understand your needs. It is important that you are comfortable with your partnership with him or her. Your wedding day will be the most beautiful day of your life, so enjoy every second. Plan ahead, and remember that your fiancé expects to see the girl he knows and loves walking up the aisle. Your true, radiant self is the ultimate gift of love.



### Eye Do!

Skin M.D. and Beyond's Brow & EyeLash Beauty Bar is here to beautify your eyes in super-quick time! Eyes are the window to

the soul, and they are the first place people look when talking to you. To ensure that you send out the right message, beautify your eyes to attain a glamorous yet natural look. From luscious lashes to sexy brows, we'll make you feel gorgeous in no time at all!

Achieve Luxurious Lashes with Latisse. Only available through physicians, this miracle solution stimulates your own lashes to grow longer, thicker and darker! Easy to use at home with only a once a day application, Skin M.D. and Beyond is ranked #1 on the Latisse website for finding a doctor in the Dallas-Fort Worth area. Enjoy a complimentary skin analysis when you book with one of our aestheticians today!

Extreme EyeLash Extensions. Add a more dramatic look to your Latisse Lash with Extreme EyeLash Extensions! These semi-permanent extensions give you longer, thicker and very natural looking eyelashes. They look so natural—no one will know they are not yours! EyeLash extensions should be applied by professionals only. Trying to apply lashes on your own may cause injury and appear unnatural and clumpy. Our Certified Professionals take pride in using the highest quality products and providing a level of expertise that will give you the best results.

Eyebrow Contouring and Tinting. Shaping the eyebrows enables anyone to instantly improve and update their look. Dramatically defined brows frame the face and enhance your facial symmetry to bring a more youthful look. Our Signature Brow Design creates a lift without surgery to accentuate the brow and highlight your eyes. With the dynamic duo of Dr. Fiona Wright's Botox Brow Contouring and Mona, our Brow Expert, polishing the appearance with waxing, threading and tinting—you will have stars in your eyes in no time at all!

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