

allure

MARCH 2009

47 INSIDER TIPS

THE 7 MOST INFLUENTIAL
STYLEMAKERS REVEAL

- The Coolest Hairstyles
- The Best New Shoes
- The Worst Makeup Mistakes
(And How to Fix Them)

Stressed- Out Skin?

How to Calm Down & Clear Up

Clothes to Wear Right Now

Curvy Dresses,
Crisp Trenches,
Flirty Skirts

Julia Roberts

"Men are so revealing when
they're not trying to woo you."

Pretty Is Back

Simple Makeup for Spring



SKINREPORT

Advertisement

Fiona Wright M.D.

10 things i love

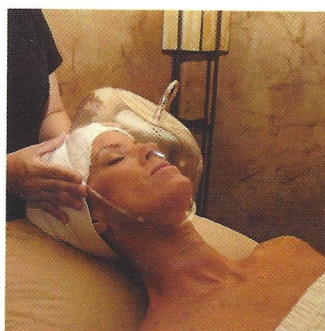


The Scoop:

When you feel good about yourself it shows! Read the "how and the what" on the latest trendsetting ways to enhance your appearance. Dr. Wright lists the top 10 secrets of how little things can make a BIG difference in you.

Occupation:

Dr. Fiona Wright is one of Dallas's most respected and sought after physicians in the field of cosmetics and beauty. Her landmark Laser and Rejuvenation Center is home to the international jet-setters and an A-List of Texans! *Skin MD and Beyond.*



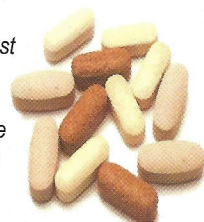
Oxygen Facials

"This pure cooling oxygen treatment offers 87 different vitamins, minerals, proteins that help stimulate the growth of healthy new skin, and regenerate aging/damaged skin for a more youthful appearance."

Fiona
WRIGHT M.D.
skincare

Revival-Eyes

"Winner of the NBC News-Best of Eye Creams" Effective for even the most sensitive eyes. Clinically proven to diminish lines, increase firmness, reduce dark circles and enhance texture and smoothness.



Green Tea

"The medicinal properties of tea are well known. The skin benefits of green tea include skin cancer prevention and reducing inflammation that can lead to skin aging. So drink up!"



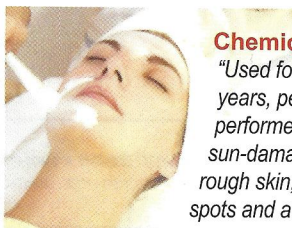
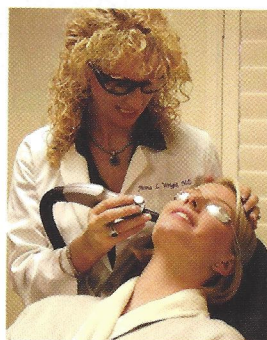
Feed the Skin from Within with Vitamins

"New vitamins and antioxidants have been designed to provide extra protection against aging skin." (omega-3 oils, soy CoQ 10, hyaluronan)



VelaSmooth

"A revolutionary treatment proven to reduce and eliminate cellulite! This series of treatments will also tone and tighten your skin with no downtime or diet! Best treatment for those with mild to severe cellulite—and for body contouring I love to add the VelaShape"



Chemical Peels

"Used for over 100 years, peels are performed to reduce sun-damaged and rough skin, brown spots and acne scars."

Previva

made exclusively for women

"As estrogen drops, our skin ages quicker and demands more. This unique formulation helps rebalance the skin and works with our skin's natural repair cycle."



The Eyes Have it!

"Giving yourself a brow-lift with Botox or filling in the hollows with fillers is the easiest way to put the sparkle back in your eyes. Then show off your "butterfly kisses" with the easy to wear Extreme EyeLash Extensions."

The "IT" treatment for Skin Tightening

"Palomar 1540 Lux Lift is the "IT" treatment to tighten facial skin, jowls and sagging necks. With no reason to miss work- it will also smooth out fine lines around the eyes and mouth and can be used just about anywhere!"



Backcial

"This relaxing deep cleansing treatment will make you swimwear or high fashion ready - as you polish and hydrate the skin, giving it a clean glow that is soft to the touch."