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As seen in VOGUE September 2008

SKIN REPORT

TARGETED TREATMENTS

Get Skin Savvy and reverse the damage caused by the summer season.

Brandi Redmond,
former Dallas Cowboy Cheerleader
patient of Dr. Wright



An Interview With Fiona Wright M.D.

Dr. Fiona Wright is one of Dallas- Fort Worth's most respected and sought after physicians in the field of aesthetic medicine. Her landmark Cosmetic Laser and Rejuvenation Center, which is the largest in North Texas, is home to many celebrities, professional athletes and state officials. Read On.

First impressions can never be repeated. So that is why it is time to remove the brown spots and dots, wrinkles and sun damage that has accumulated over the last few months of summer. The right treatment can be a new source of hope—to get your skin glow on!

● **Exfoliate the Damage.** Chemical peels are topically applied acids that aid in the restoration and rejuvenation of the skin's surface. They have been the mainstay of Dermatology for decades. A favorite of Dr. Wright's is her Revival Peel which uses Retinoic, Salicylic and Lactic Acid to create an even and controlled shedding of several layers of the skin. As well it is great for unclogging pores and helping acne. When younger layers of skin are exposed, your skin will look brighter, tighter and fresher than before.

● **Fractional Laser Resurfacing.** Only in recent years have lasers attempted to replace our old trusted and effective methods of resurfacing. These advanced lasers allow us to achieve ultimate precision in skin resurfacing to improve fine lines and rough texture in a series of soft, quick

and simple procedures. Some will remove uneven pigmentation, and scarring—while others can tighten the skin. The Palomar 1540 Lux Lift is the “it” treatment for looking younger— and Dr Wright was one of the first physicians in North Texas to offer it. Her patients find the results amazing and receive unsolicited comments from friends and family that their skin looks tighter, more lifted, younger and refreshed.

★ For the latest on skin, beauty, and body care visit FionaWrightMD.com



● **Say GoodBye to Wrinkles.** “Botox still remains one of the best treatments for dramatic wrinkle reduction,” states Dr. Wright. In the summer we squint alot which makes heavy dynamic wrinkles. By using

Botox to soften this movement we can create a natural look and recontour the eyebrows at the same time. However due diligence is needed when selecting your physician. Dr. Wright, a national trainer for Botox Cosmetic, encourages people to find a physician by checking their credentials at www.BotoxCosmetic.com.

● **The Liquid Face Lift.** This fall more people will be looking to the liquid in a needle instead of a knife, to restore their youth. Facial fillers which address the volume loss associated with aging are now available in a variety of new ways. So instead of the “wind tunnel” or “done” look often created with plastic surgery, restoring your lost facial volume with these new fillers will create a more natural looking result. Perlane is a long lasting filler designed for facial contouring in the cheeks, nasal folds and jowls. As well, it can also be used in the lips for a more dramatic look. Restylane and Juvaderm are also great products for facial lines, lips, and that hard to fix “sunken look” under the eyes.

● **Protect Yourself.** UV rays from the sun will trigger free radicals that will age your skin. It will damage your DNA, leave your skin sagging and dull, and suppress your immune system to create skin cancer. So before you start these new steps in your beauty regime apply a daily dose of UVA/UVB SPF 30 Sunblock.

2.7 million Botox procedures were performed in 2007.